

# Market House Theatre

## May 2011 Off Stage Noises

*We don't just entertain... We change lives!*

Market House Theatre will present **EAT - IT'S NOT ABOUT FOOD** on **May 13, 14 and 15** in our intimate Studio Theatre. **EAT** is about how quickly young girls begin to judge - and be judged - on how their bodies look. It illustrates how adults can influence how their children feel about themselves and how it's not just girls who suffer from eating disorders...it's a guy thing too. Sports, fad diets, impossible media standards, stigmas - all these and more are examined in this powerful play about the dangerous world of eating disorders in girls and boys.



Using interwoven vignettes ranging from realistic to satirical to humorous - **EAT** candidly explores causes and warning signs and tells individual stories of young people struggling with this epidemic problem. Following the performance, the audience will have the opportunity to discuss some of the issues raised during the performance with the cast and a facilitator.

**EAT**  
(It's Not About Food)

**7:30 p.m. May 13-14**  
**2:30 p.m. May 15**  
**MHT Studio Theatre**  
**120 Market House Square**

**Sarah Byassee**, Marshall County High student **Judd Cavitt**; Heath High student **Katelin Burchett**; Lone Oak Middle students **Shelbe Overby** and **Natalie Shadrick**; Reidland Middle student **Will Clark**; and Metropolis Elementary student **Sydney Skees**. The following adults are also in the company: **Thom Clark**, **Kathy Eckelkamp**, **Marsha Cash** and **Betty Wise**. **April Cochran** directs, with Reidland Middle student **Tristen Miller** as assistant to the director.

Performances of **EAT** are **May 13 and 14 at 7:30** and **May 15 at 2:30**. Tickets are \$10 and can be reserved by phoning MHT's box office at (270) 444-6828, Tuesday through Friday between noon and 5 p.m. Don't miss this powerful and poignant play!

The **EAT** company includes **P a d u c a h** Tilghman students **Chandler Smith**, **Jamie Haggood**, **Madison Whelan**, **Caitlyn Galip** and **C a s o n Walden**; Lone Oak High students **Maria Miller** and

*Market House Theatre*  
*thanks*

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## Market House Theatre Summer Programs



Call MHT at (270) 444-6828 to register!

### JUNE CLASSES

(Rising 4th through rising 8th grade) Disney's 101 DALMATIANS KIDS

**Musical Performance camp:** Pongo and Perdita happily raise their Dalmatian puppies (with the assistance of their human pets Roger and Anita), until the

monstrous Cruella De Vil plots to steal them for her new fur coat! Join all the dogs of London, as they daringly rescue the puppies from Cruella and her bumbling henchmen. With a delightfully fun score, lovable characters, and one of the most deliciously evil villains in the Disney canon, this stage adaptation is certain to charm and delight all audiences. This workshop culminates in two public performances! Actors will also learn a bit about other aspects of show production - including stage makeup, scenery and props. Zany, fast-paced theatre games will add to the fun! **June 13-24, Two weeks - Monday through Friday, 9:00 - 12:00. Min/Max enrollment: 25/45 Fee: \$130** Instructor: April Cochran Performances will be Friday, June 24 at 5:00 and Saturday, June 25 at 2:30 in our MainStage theatre!

(ages 8-12) Ballet Workshop - Story Ballet! During this workshop dancers will learn an original short ballet to be performed on the last day of class! No previous ballet experience is required. Dancers should wear a leotard with pink tights and leather ballet slippers. Hair should be pulled away from the face and off the neck. **June 20, 22, 24, 27, 29, July 1. 1:00-2:00. Min/Max: 4/12 Fee: \$45.** Instructor: Emi Chapman Hensel.

(ages 4 & 5) Pre-ballet An introduction to the exciting world of ballet and movement! Pre-ballet is designed to get your preschooler moving and having fun while learning rhythm, creative movement, and basic ballet positions through fun exercises and sing-a-long songs. Little movers should wear comfortable clothing and ballet slippers with hair worn away from the face. Leotard and tights are optional. Boys welcome! **June 21, 23, 28, 30. 1-2:00. Min/Max: 4/10 Fee: \$30.** Instructor: Emi Chapman Hensel.

(Rising 4, 5 & 6 grade) PUPPETS! PUPPETS! Love art and love acting? Students will get to put their visual and dramatic skills to the test in this fun theatre camp! Students will make a variety of puppets including paper mache' hand puppets & will write short puppet shows. This camp will culminate in a short puppet show for parents and families to enjoy! **June 20, 22, 24, 27, 29 July 1. 2:30-3:30. Min/Max: 6/15 Fee: \$50.** Instructor: Abby Bell.

### JULY CLASSES

(Rising 1st through 5th graders) "The Environmental Show" Musical

**Performance camp:** It's the night before the last gig--and the rock band's old tour bus has broken down. As they set up camp, strange creatures emerge from the woods - talking plastic bottles, light bulbs and even a rusted SUV - and they can sing! They've got some great advice for the rockers on how to change their behavior, save the band, and help the environment. This hilarious, tuneful and (don't tell the kids) educational show will be presented for family and friends on the final class day. Actors will also learn a bit of other aspects of show production - including stage makeup, scenery and props. Zany, fast-paced theatre games will add to the fun! **July 11-22, Two weeks - Monday through Friday, 10:00 - 11:30. Min/Max enrollment: 14/35 Fee: \$85** Instructor: April Cochran Performance will be Friday, July 22 at 5:00 in our MainStage theatre!

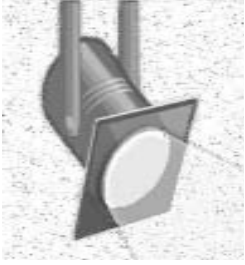


(Rising 8th through 12th graders) HOLLYWOOD 101: "Lights! Camera! Action!" Ever wanted to know what it would be like to work in the film industry? Well now you can! Students will learn the basics for auditioning, acting, and filming for the camera. They will learn how to slate, will make a PSA, a commercial, and a short film. If you want to see yourself on the big screen then now is your chance! **July 11-22, Two weeks - Monday through Friday, 1:00 - 2:30. Min/Max enrollment: 6/16 Fee: \$80** Instructor: Abby Bell

(Rising 8th through 12th graders) IMPROV CITY COMEDY CLUB: Students will take their improv to the next level by learning the tricks to improv, exploring ways to bring in comedy, and discovering what works for an audience. This will be a fun opportunity for teens to test their quick thinking and comedy skills! **July 18, 20, 22, 25, 27, 29, 3:00 - 4:00. Min/Max: 7/18. Fee: \$40** Instructor: Abby Bell

(ages 4 & 5) Quack, Oink and Squeak Creative PlayShops! Children will explore art, movement, and storytelling as they act out favorite stories and play fun theatre games! A great introductory class for preschoolers or Kindergartners! **July 12, 14, 19 & 21. 3:00 - 3:45 p.m. Min/Max: 8/14. Fee: \$30** Instructor: April Cochran

Classes are held in MHT's Studio Theatre classroom, 120 Market House Square downtown Paducah



# SPOTLIGHT ON...

## TEACHING ASSISTANTS (aka TAs!)

Wall flowers? Not these TAs!

An anonymous person once said that the world is run by those who show up. If that's true, you will be relieved to know the world will be run by six bright and talented students involved in Market House Theatre's Footlights program. The group of teaching assistants is collectively confident, responsible, reliable and energetic. Each possess unique skills and abilities, and answered MHT Education Director April Cochran's call for assistance. The TAs (pronounced "tahs" by April), show up to volunteer at Footlights classes, held early Saturday mornings at the theatre.

So, who are the "tahs"?

Lone Oak High School junior **Maria Miller** has been doing MHT plays for 10 years. She enjoys leading classroom warm-up exercises, coordinating choreography, and most importantly, being a role model.

"When I started Footlights, I thought the TAs were the bee's knees; I wanted to be just like them. They were so confident, so funny, so talented. I vividly remember asking a TA how many plays she had been in, then retreating in awe when she replied '25'. A pivotal moment for me in being a TA was when, whilst hugging my leg, a little girl asked *me* that question. Being a TA has been so meaningful; you really realize not only the difference you can make in kids' lives, but the difference they make in yours."

For 10-year MHT veteran **Madison Whelan**, a junior at Paducah Tilghman, it's about bringing out children's silly side. "A lot of kids are afraid to open up," says Madison. "You have to encourage kids to believe in their own creativity and spontaneity. As a TA, it's important to demonstrate that it's a good thing to act a little silly, to create wild and zany characters, and to have fun. That's what Footlights is all about!" She adds that "after a while, some kids have no trouble being in the spotlight."

Involved at MHT since kindergarten, PTHS freshman **Cason Walden** says there's no disadvantage to being the only male TA and enjoys leading classroom exercises in basic improv acting. "You say a word or phrase and ask [the kids] to act out the first thing that comes to their minds," he says. "You'd be surprised by the creativity of a third grader."

Eighth grader **Maggie Malone** has never missed a trimester of Footlights in nine years and has been performing in youth productions for six. She is thrilled to be in her first Main Stage production, *Annie*. She wants her younger charges to realize that "if you work hard, you can achieve your goals... such as being a TA." Sophomore **Sydney Hughes** especially enjoys the upper elementary group. "There's something about the unbridled enthusiasm found in younger children." To her, Footlights offers an atmosphere where everyone learns and is encouraged.

Eighth grader and "junior TA" **Sara Hughes** wants the kids to do their best and not fear standing in front of an audience. "Since April asks the parents to wait downstairs, I think it's easier for the kids to focus and be as expressive as they want."

All the "tahs" agree that the way April interacts with all age groups is truly amazing.

"She can take a class of 30 and put on a spectacular show!" exclaims Madison. "I love the way she teaches kids to become better performers, just by playing games and guiding them in the right direction."

With this new trimester, we are welcoming three new "Tahs in Training" - Judd Cavitt, Shelbe Overby and Natalie Shadrick! Footlights membership is offered for kids grade 1 through 12, regardless of previous experience. To register, call MHT at (270) 444-6828, ext. 112.



From left: Maria Miller, Cason Walden, Madison Whelan



Sara & Sydney Hughes



Maggie Malone

## MARKET HOUSE THEATRE

132 Market House Square  
Paducah, KY 42001  
(270) 444-6828 1-888-MHT-PLAY  
www.mhtplay.com

ADDRESS SERVICE REQUESTED



The Kentucky Arts Council, a state agency, provides operational support funding for Mar-

ket House Theatre with state tax dollars and federal funding from the National Endowment for the Arts.

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## ***MHT Education Director wins National Honor!***

Market House Theatre is thrilled to announce that Education Director April Cochran will be awarded a Distinguished Merit Award by the American Association of Community Theatre at its AACTFest11 National Festival in Rochester, NY in June. This national award is presented to individuals and organizations in recognition of contributions made to promote and develop the highest standards for community theatre. Previous recipients have included Henry Fonda, Steve Spiegel & Music Theatre International, and Target Stores. "I am absolutely overwhelmed by this honor," said Cochran recently. "The news hasn't completely sunk in yet!"



April has been the Education Director for Market House Theatre for 12 years. She previously served as MHT's Artistic and Executive Director for 10 years and has over 150 main stage and youth theatre directorial credits. She is the founder of Footlights youth acting troupes and Story Theatre school touring outreach programs for MHT, as well as creating its Theatre In Schools program which takes her into pre-K through high school classrooms throughout the Purchase area. She has facilitated AACT's Education Directors Conference and is a past president of the Kentucky Theatre Association (KTA) and recipient of KTA Best Director and Best Actress awards. Recently named a Kentucky Colonel, April has worked as a creative drama specialist and director of children's theatre productions for over 32 years for school systems, parks and recreation programs, professional theatre and community theatres throughout the Midwest. She is a member of MHT's Murder for Hire troupe.

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